

FLIN FLON ABORIGINAL FRIENDSHIP CENTRE RESTAURANT

MENU

**(SPECIAL
FEATURE)**

Cinnamon Bun Thursdays \$2.50

Please Pre-Order to avoid Disappointment



“ Prices Subject to Change”

“Prices Do Not Include Applicable Taxes”

Effective: January 13th 2016

57 Church Street

P. 204-687-4525

F.204-687-5328

BREAKFAST

DAILY BREAKFAST SPECIAL

(Available to 11:00 am) \$7.00

Two Eggs any style served with choice of Bacon, Ham or Sausage Pan-fries and Toast Coffee or Tea
(You're Choice of White, Whole wheat or Rye Bread)

EGGS

TWO EGGS ANY STYLE \$4.50

TWO EGGS ANY STYLE \$7.00
(Served with your choice of Bacon, Ham or Sausage and Toast)

TWO EGGS ANY STYLE \$8.50
(Served with your choice of Bacon, Ham or Sausage Pan Fries and Toast)

Breakfast in a Bun Your Choice of Bacon Ham or Sausage (2 Eggs) \$5.00

(Add Cheese and Tomato) \$5.50

OMELETTES

Plain Three Egg Omelette with Pan Fries and Toast \$6.50

Served with your choice of Fillings: .75 (Each)
Cheese, Ham, Mushrooms, Bacon, Tomatoes, Onions

All above orders include two selection of peanut butter, jam or honey
(add cheese whiz) .50 (Each)

GRIDDLE FAVORITES

TWO PANCAKES served with butter And Syrup \$5.00

ONE PANCAKE served with your choice Of Bacon, Ham or Sausage \$5.25

TWO PANCAKES served with your choice Of Bacon, Ham or Sausage \$7.50

TWO FRENCH TOAST served with Butter And syrup \$5.00

TWO FRENCH TOAST served with your Choice of Bacon, Ham or sausage \$7.50

(ADD BERRIES to above orders for an extra) .50

KIDS BREAKFAST MENU

One Small Pancake \$4.00

One Piece of French Toast \$4.00

One Egg (any style) with your choice of (one piece) Bacon, Ham or Sausage and one slice Toast \$4.50

Hot Cereal (Porridge) \$3.00
(Add Berries) .50

(All above served with your choice of a small milk or juice)

SENIORS BREAKFAST

One small Pancake with your choice of Bacon, Ham or Sausage \$3.75

One French toast with your choice of Bacon, Ham or Sausage \$3.75

One Egg (any style) with your choice Of (one piece) Bacon, Ham or Sausage Pan-fries or Tomato Slices & one piece of toast \$4.75

Hot Cereal (Porridge) \$3.00
(Add Berries) .50

SIDES

Extra EGG \$1.25

Yogurt Cup \$1.25

Bacon, Ham or Sausage \$3.00

White, Whole Wheat or Rye Toast \$2.50

Tomato Slices (Two Slices) .50

Sides of Pan-Fries your choice of Grilled or Deep Fried

SMALL \$1.50
LARGE \$3.50

Peanut Butter, Jam, Cheese Whiz and Honey .50 (each)

LUNCH

Please ask your server what our lunch special is today as well as our hearty homemade soup of the day!

SANDWICHES

Bologna (Mustard, Lettuce)	\$5.00
Egg Salad	\$5.00
Tuna	\$5.00
Salmon	\$5.00
Grilled Cheese	\$5.00
Roast Turkey (Mayo, Lettuce)	\$5.25
Turkey Salad	\$5.25
Ham + Cheese	\$5.25
Grilled Ham + Cheese	\$5.50
Roast Beef (Mustard, Lettuce)	\$5.50
Bacon Lettuce and Tomato	\$5.75
Denver Sandwich (add cheese)	\$5.75 \$6.00
Corned Beef on Rye (Mustard)	\$5.75
Grilled Corned Beef on Rye (Mustard)	\$6.00
Veggie Sandwich (Lettuce, Tomato, Cucumber, Mayo Mozza Cheese)	\$6.00
Reuben (Sauerkraut, Mozza Cheese & Mustard)	\$6.50
Club House (Lettuce, tomato, Cheese, Mayo, bacon Turkey or Ham)	\$8.00
Cheddar Cheese Sandwich	\$5.00
Peanut Butter Sandwich	\$3.00
Chicken Caesar Wrap	\$6.00
Chicken Bacon Ranch Wrap	\$6.00

**ALL ABOVE SANDWICHES IS YOUR CHOICE OF WHITE
WHOLE WHEAT OR RYE BREAD OR TURN YOUR
SANDWICH INTO A WRAP!**

SALADS

Tossed Salad (Lettuce, Tomato, Green Onion and Cucumber) Served with your choice of Dressing – Add Cheese	\$4.50 \$5.00
Petite Tossed Salad (Add Cheese)	\$3.00 \$3.50
Chef Salad (Lettuce, Tomato, Green Onion, Cucumber Egg, Turkey, Ham Topped with Cheese & Garlic Toast	Full Order \$9.50 Half Order \$8.25
Caesar Salad (Romaine Lettuce, Croutons, Bacon bits Parmesan Cheese) & Garlic Toast	Full Order \$7.00 Add Chicken \$9.50 Half Order \$5.00 Add Chicken \$7.50

FAVORITES

BANNOCK – Plain or Grilled	
Full Order	\$4.00
Half Order	\$2.00
GARLIC TOAST (2)	\$3.00
CHEESE TOAST (2)	\$4.00

SIDE ORDERS

Cheese Bites (6)	\$4.00
Dill Pickle (1)	\$1.50
Coleslaw	\$1.50
Battered Mushrooms (8)	\$4.50
Homemade Soup of the day	\$3.00

KIDS LUNCH MENU

Hot Dog <u>w</u> Fries	\$7.00
Three Chicken Nuggets <u>w</u> Fries	\$7.00
Two Chicken Fingers <u>w</u> Fries	\$7.25
½ Grilled Cheese <u>w</u> Fries	\$6.00

(Substitute your fries for a small Tossed Salad)
(Kids Lunch comes with your choice of Small Milk or Juice)

BURGERS AND DINNERS

BURGERS / HOT DOGS

Burger (loaded) (Relish, Mustard, Onion, Tomato & Lettuce)	\$5.00
Cheese Burger (Relish, Mustard, Onion, Tomato, Lettuce & Cheese)	\$5.25
Chicken Burger (Tartar Sauce, Lettuce & Tomato)	\$5.25
Chicken Breast Burger (Tartar Sauce, Lettuce & Tomato)	\$6.00
Veggie Burger (Lettuce, Tomato & Mayo)	\$6.50
Turkey Burger (Lettuce, Tomato & Mayo)	\$6.50
Hot Dog (Loaded) (Mustard, Onion, Relish) Add Cheese .25	\$3.75

**ALL ABOVE SANDWICHES IS YOUR CHOICE OF WHITE
WHOLE WHEAT BUN**

CLASSICS

Chicken Fingers (4) (Served with your choice of Sweet & Sour Honey Dill or Honey Mustard Sauce)	\$7.50
Chicken Nuggets (6)	\$5.00
Dry Ribs (Served with Lemon & Garlic Toast)	\$7.50
All above order add Fries for an additional	\$3.50
Add Gravy	\$1.25
Onion Rings Large	\$5.00
Small	\$4.00
Spring Rolls (6)	\$4.50
Perogies (Served with Fried Onions, Bacon and Sour Cream)	\$8.50

HEARTIER MEALS

Hot Hamburger- Beef or Turkey (Served with Mashed or Fries & Veggies)	\$10.00
Hamburger Steak (Served with Mashed or Fries & Veggies)	\$10.25
Pork Chops (2) (Served with Mashed or Fries & Veggies)	\$10.25
Fried Chicken (3 Pieces) (Served with Mashed or Fries & Veggies)	\$10.50
Fish (2) & Chips or Mashed	\$8.50

SENIORS DINNER

(One) Pork Chop with (one) Scoop of Mashed or fries w Veggies or Coleslaw	\$8.00
(Half) of a Hot Sandwich (Hamburger, Beef or Turkey With (one) Scoop of Mashed W Veggies or Coleslaw	\$8.00
(Two) piece Chicken Dinner (one Scoop of mashed or fries w Veggies or Coleslaw)	\$9.00

SPUD ALTERNATIVES

French Fries	LARGE	\$4.50
	SMALL	\$3.50
	(ADD GRAVY)	\$1.25
Poutine	LARGE	\$6.00
	SMALL	\$5.00
Sweet Potato Fries		\$4.50
Sides of Pan-Fries your choice of Grilled Or Deep Fried		
	SMALL	\$1.50
	LARGE	\$3.50
Mashed Potato's & Gravy		\$4.00

BEVERAGES

COFFEE	\$2.00	PEPSI	\$2.00
TEA	\$2.00	7 UP	\$2.00
GREEN TEA	\$2.25	ROOT BEER	\$2.00
HOT CHOCOLATE	\$2.00	ORANGE CRUSH	\$2.00
APPLE JUICE	\$2.00	GINGER ALE	\$2.00
ORANGE JUICE	\$2.00	ICE TEA	\$2.00
WHITE MILK LARGE	\$2.00	DIET PEPSI	\$2.00
SMALL	\$1.75	DIET 7UP	\$2.00
CHOCOLATE MILK	\$2.25		
BOTTLED WATER	\$2.00		